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Inken Paland



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Location	Berlin, Germany, Greater London	Eye colour	Blue
Height	170 cm	Hair colour	Blond(e)-Dark
Weight	53.49 kg	Hair length	Long
Playing age	20 - 30		
Ethnicity	White		

I'm working on a screen play called "I like the way how amazed you're thinking", as well as a documentary about silence. I'm also currently enrolling in a voice training program and will be returning to a stage fighting course, as soon as situation allows it.

Feature Film

Year	Role	Title	Company	Director
2020	Lisa Admiral	PERSPECTIVE	Petrol Film	Anastasja Black

Film

Year	Role	Title	Company	Director
2017	Alexa	ÜBERGÄNGE	Schatzfilm	Peter Jeschke
2017	Call Center Agent	THE RED HEAD	MacMahon Films	Natalie MacMahon
2018	Josi	DER KÖNIG DER FRÖSCHE	Der König der Frösche	Steffen Flügel
2018	Evelyn	ETIOLOGY	HPI Films	Noel Danz
2019	Anna	THE RITE OF SPRING	MET Production	Filip Papazoglou

Short Film

Year	Role	Title	Company	Director
2019	Leila	4 MINUTEN 37	Johannes-Gutenberg	Corinna Kranig
2019	Jenny	BREAK THE CHAIN	Beuth Hochschule	Markus Schermesser
2019	Jen	LEFT	Art-on-the-Run	Lauren Bellenie
2019	Johanna	IN LIMBO	Hannah Mathis Produktion	Hannah Mathis
2019	Barbera	GRAU	Stubenraucher Productions	Robin Leo Hoffmann
2020	Until death do us part	SOPHIE	Stubenraucher Production	Luis Seemann

Stage

Year	Role	Title	Company	Director
2019	Inge	DER VERSUCH EINER ECHTEN BEGEGNUNG	Theaterforum Kreuzberg	Amelie Tambour
2019	Francesca	NOT EVEN DEAD	Theater Expedition Metropolis	Rocío Del Pino L.
2020	Eva	ONE IS THE LONELIEST NUMBER	Theaterdiscounter, Universität der Künste Berlin	Christine Roller, Jannette Mickan
2018	Emma	HAROLD PINTER - BETRAYAL	Henri Theater Company	Dean Bell

Accents American-Standard, Austrian, German, Swiss-German, American-New York, French
Languages English*, French, German*
(* = highly skilled)

Training UNIVERSITY:
University of Arts, Berlin, Acting, Theatre Studies, 3 years, 2013-2016

WORKSHOPS:

2021, Helden und Loser, Jens Roth Coaching
2020 - 2021, Giving Voice, Voice Coaching, Berlin
2020, Character work with Susanne Eggert (weekly)
2018-2020, Meisner Technique & Scene Studies, Amelie Tambour, Berlin (weekly)
2019, Chubbuck & Choices - Tim Garde, Berlin
2019, Boost Your Character - Jens Roth, Berlin
2019, Warrior Acrobatics - Movement with a weapon in lower acrobatics
2019, Chubbuck & Choices 2 Casting Training - Tim Garde, Berlin
2019, Transforming Words into Pictures - Schauspielassistent zu Slawomir Idziak, Filmakademie Baden-Württemberg, Ludwigsburg/Deutschland
2018, Foundation of Meisner Technique - Steven Ditmyer (Alumni of Meisner), Berlin
2018, Independent Activities - Steven Ditmyer (Alumni of Meisner), Berlin
2018, Improvisationstheater, Amelie Tambour, Berlin
2018, Stage Training, by Johannes Hitzblech, Berlin
2016, One on One Coaching, by Christine Kostropetsch, Berlin
2017, Monologetraining - Einzelcoaching, by Sebastian Zett, Berlin
2016, Improvisation, by Amer Main, Cheboygan Michigan
2012, Schauspielgrundlagen, by Oliver Andrews, Onaway Michigan
2009, Acting Classes, Junior Senior High School Onaway Michigan

MORE:

2015 & 2016, Design Thinking Basic & Advanced Track, HPI, Babelsberg