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Helena Gerez



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|-------------|--|-------------|------------------------|
| Location | Santa Cruz de Tenerife, Spain, Barcelona, Spain | Eye colour | Green |
| Height | 167 cm | Hair colour | Light/Mid Brown |
| Weight | 55.00 kg | Hair length | Long |
| Playing age | 25 - 35 | | |
| Appearance | Mediterranean | | |

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|---------------------|--|
| Accents | English-Standard*, German*, Spanish* |
| Languages | Catalan*, English*, German, Spanish* |
| Sports | Boxing, Climbing, Pilates, RollerSkating, Running, Swimming, Yoga* |
| Licences | Car Driving Licence |
| Other skills | Aerial Work |

(* = highly skilled)

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|-----------------|---|
| Training | Acting training with Marc Martinez at Coaching Self-service (2023 and 2024) Acting Training with Adrián de Nuñez at Estudi Laura Jou (2023) Character and music with Lorena García de las Bayonas at El centro del Actor (2022) Regular training at Estudio Corazza (2022) Meditation and acting with David Victori (2021) Acting in English with Luci Lenox, Frankstein Studio (2021) Acting in front of the camera with Manuela Burló, Actores Madrid (2020) Meisner Technique online with Yolanda Vega, Actores Madrid (2020) Acting in front of the camera, Eòlia (2018-2019) |
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Feature Film

2024, Lucina Bunyola, GUTE ZEITEN SCHLECHTE ZEITEN, UFA PRODUCTION, Christian Singh

Television

2025, Lucina Bunyola, GUTE ZEITEN SCHLECHTE ZEITEN, UFA PRODUCTION, Christian Singh

2023, Junge Frau, HOTEL BARCELONA, Heroes 101, Christian Theede

2022, Clienta parking, LA QUE SE AVECINA, Alliance Audiovisuales, Alberto Caballero

2023, Chica lío, IN LOVE ALL OVER AGAIN, El desorden crea, Bàrbara Farré

Short Film

2025, Paula, GRACIAS POR NADA, 117 FILMS, Laura Zurrón

2024, Anna, IRREPLACEABLE, Light Framers, Lucas Snijder

2023, Amanda, MIRANDO A LA NADA, ECIB, Jeremi Lambuley

2023, Carla, AFTER LIFE, Motivate Pictures, Alex Rios

Web Series

2024, Zoe, TABOO ROMANCE, EIGAKAN FILMS, Xu Licheng

Street Theatre

2022, Katia, RULETA RUSA, José Luis Berzal

2017, Monologue, LA PUBERTAT, Just Teatre Company, Mayka Dueñas

2014, María, LES NITS DE LLUNA PLENA, Centre Cultural Sant Joan, Viladecans, Angie Algaba