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Natasha Rose Mills



© David Newland

Location	Oxfordshire, Wales	Ethnic Background	White
Height	165 cm	Heritage & Ethnicity	British, Ukrainian
Weight	59.90 kg	Eye colour	Brown
Playing age	25 - 31	Hair colour	Light/Mid Brown
Appearance	Eastern European, White	Hair length	Long
		Voice	Delicate, Friendly, Sensitive

Accents American-California, American-Standard, American-Western States, English-Standard, Heightened RP, Irish-Northern, Lancashire, London, Northern, Oxfordshire*, RP, Ukrainian, Yorkshire

Languages English*

Music & dance Mezzo, Singer-Songwriter

Performance skills Actor-Singer*, Role Play, Story Telling*

Sports Yoga*

Other skills Hatha Yoga Instructor (experienced), Holistic Therapist, Improvisation, Life Coach, Lyricist, Meditation Instructor (experienced), Model-professional, Performance Artist, Writer

Vocal range A₃ to F₄ (belt to F₃)

(* = highly skilled)

Training	John Swanbeck Cinematic Acting Intensive 2022 Acting Mechanics Scene Study 2022 Scott Vickers - Acting Classes 2022 YPTC Theatre Drama School - Foundation Drama Course 1 year, 2012- 2013 Oxford City College - Performing Arts Diploma 1 year, 2005 - 2006
	Success Coaching - Certified Coach 2022 MindfulnessUK - Certified Mindfulness and Compassion Level 4 CPCAB 2022 Sweat Studios - 200hour Hatha Yoga Certificate 2021 NVQ Certificate Children's and Young Force - Social Care 2015

Feature Film

2021, THE HEIRESS, Young Dorothy, Old Way Film Television, Chris Bell

2022, WINNIE THE POOH - BLOOD AND HONEY, Jess, Altitude Films, Rhys Frake Waterfield

2022, KRAMPUS RETURN, Lisa (lead), Jagged Edge Productions, David Gregory

Television

2026, RETRACING JEMMA, Liz, Blue Glass Films, Warren Badenski

2021, NO FILTER, Donna, Rotunda Films, Kevin McDonagh

Short Film

2018, THE CODE, Sophie Ferriday, Little Glass Film, Patrick Ryder

2018, COLOURBLIND, Amber, SafeLives charity, The Bashford Twins

2021, JUST TWO DROPS, Rose, Opulent Films, Theo Johnson

2023, MINISTRY OF MISSING, The Teacher (lead), Lumino Films, Jane Sangers

2024, KIND REGARDS, Dana, True Vision Pictures, Rauni - Barros Da Silva

Commercial

2018, DOMINOS, Boss of Lunchtime, Green Bullet Films, Tom Stoddart

2016, ANTI-BULLYING CAMPAIGN, Cyber Bully Victim, The Bashford Twins Company, Kyle Bashford, Liam Bashford