

Polly Waring



© AKTA Photography

Location	Greater London, Brighton and Hove, Greater Manchester	Eye colour	Green
Height	168 cm	Hair colour	Blond(e)-Dark
Weight	60.00 kg	Hair length	Long
Playing age	18 - 28	Voice	Breathy, Bright, Engaging, Friendly, Smooth, Warm
Appearance	Eastern European, Scandinavian, White		

I recently appeared in the show People Looking Up, playing Petra, at the Pen Theatre- March, 2025. Queer Actor. Originally from Brighton. Mountview Graduate 2023.

Accents	American-California, American-Southern States, American-Standard, Australian, Dublin, English-Standard*, Essex, Heightened RP, London, RP*, Sussex*, Welsh-Southern, West Country, Yorkshire
Music & dance	Alto, Ballet*, Cha Cha, Charleston, Choreography, Contemporary Dance*, Country Singing, Folk Dancing, Folk Singing, Foxtrot, Jazz Dancing, Jazz Singing, Jive, Merengue, Pointe*, Salsa Dancing, Scottish Dancing, Singing (general), Tango, Waltz
Performance skills	Actor-Singer, BADC Standard, Laban Training, Mask, Musical Theatre, Physical Theatre, Puppetry, Radio Drama, Shakespeare, Sight-Reading (non-musical), Verbatim Theatre
Sports	Cycling, Swimming, Yoga
Licences	Car Driving Licence
Other skills	Dance Teacher, Devising, Improvisation
Voiceover	Commercials
Vocal range	C# ₃ to A# ₄

(* = highly skilled)

Training	MOUNTVIEW, BA (Hons) Performance - Acting, 2020 - 2023 MOUNTVIEW, Foundation- Acting for Stage and Screen Performance, 2019-2020 The BRIT School, Musical Theatre, 2017 - 2019
-----------------	--

Short Film

2023, UPSTAGE, Stephen Glass Photography, Eve Macklin

Stage

2025, PEOPLE LOOKING UP, Dovetail, Ben Fleming
2025, FRACTURED, Questors Theatre, Maggie Bakir
2024, HAIR THAT DEFIES GRAVITY, Sky, Joy Adeogun
2024, PEOPLE LOOKING UP, Dovetail, Ben Fleming
2024, HAIR THAT DEFIES GRAVITY, BLK INK PRODUCTIONS, Ozioma Ihiesiene
2023, DARK ARTS - HARRY POTTER STUDIO TOUR, Warner Brothers, Paul Harris
2022, ROMEO AND JULIET, The Backstage, Dan Herd
2022, MACHINAL, The Backstage, Dan Herd

Musical

2023, OH WHAT A LOVELY WAR, The Mack, Rupert Hands

Voice Over

2020, WATERAID COMERICAL, WaterAid
